



# Seven Notes, One Peace:

**Pachino, Italy - 18.9- 28.9, 2026**

**Everything you need to know to  
enjoy this experience with us is  
here!**



## What's the project about?

“Seven Notes One Peace” is a Youth Exchange that will take place in Pachino, Sicily. This project will involve 30 participants (1 group leader + 4 participants) from 6 countries: Italy, The Netherlands, Bulgaria, Czech Republic, Spain and Lituania.

The main topic of the project is the debate on War and Peace. In the lastest years, young people have to lived with the anxiety caused by the Russian invasion of Ukraine and the Israeli-Palestine conflict. As any generation, also this one have to relate with wars, with all the political and philosophical implications. Artists have always write lyrics and composed album in which they explore topics like conflict, human nature, imperialism and so on. This project will give the possibility to do the same, in a safe and creative environment

This will be achevied in an artistic way: Young people, with the help of Youth Workers and the logistical support of Dalek Studios, will create a 10-tracks album from the scratch, in which through Non-formal Education tools, will voice up their experiences and their hope for the future. The album will be distributed by Jamendo and it will be free for the legal and free download.

# **Why “Music Uniting Soulmates in Covid-19 Aftermath”?**

**We chose this name because expresses the possibility of using just 7 notes in order to discuss about a topic that involve several others. The cooperation of 25 young people to create a tangible result (a music album) helping their organisation to process the negatives experiences of the last years marked by International conflicts, giving voice to young people on this toic and provide their point of view on this political issue.**

**Seven Notes, One Peace wants to achieve that through music language. This leads to non-formal education activities based on jam session, songriwiting workshop, concerts and recording an album during this Youth Exchange.**

**The project aims to:**

- provide the young musicians and singers, experience in recording, cooperative songwriting and concert management;**
- give them the opportunity to explore feeling and process memories after the pandemic;**
- Explore the inequity, stereotypes, racial prejudices who appears during the harsest phases of the pandemic, who involved mainly, but not only, Asian people and Chinese in particular.**

**These objectives will be achieved through methods of non formal education, group discussion, open air activities, recording session, songwiting workshops.**

# When? What are the dates for the APV and the Youth Exchange?

The project foresees an Advanced Planning Visit (APV), in which each organisation will send the group leader, in order to plan the activities and giving to Associazione Attiva-Mente to share the necessary know-how. This is crucial, as this project foresees a Youth Exchange and therefore all the groups must be able to deliver activities.

**This step will take place in Pachino from September 1st (arrival day) to September 4th (departure day), 2026**

From **September 18th to 28th**, it will take place the Youth Exchange. Each organisation has to select 4 young people aged 17-30 + 1 group leader. **THE GROUP LEADER IS MANDATORY TO BE THE SAME AS THE APV.**

Your accommodation is in the Countryside and September is not hot as in July-August in Syracuse province: we should avoid crazy temperature and we shouldn't expect rain and cold.

# Participants profile

**GROUP LEADERS' REQUIREMENTS** (each organisation has to provide one):

- +18 years old, able to help and support Participants' learning during the activities;
- People with experience in the topic of the project. Really appreciated would be at least amateur experiences in playing an instrument, composing and songwriting;
- People that have already participated, both as participants and as group leaders, in other Erasmus+ projects (not necessary, but recommended);
- People with a good command of the English Language (to communicate in the most effective way with the organisers and to simplify the resolution of any problem that might emerge during the activities);
- Eager of **facilitating** activities with his/her own group. *This is a Youth Exchange and therefore, there won't be a trainer for all the group but each group will have to prepare (there's why there's an APV) and facilitate at least one activity in this project*

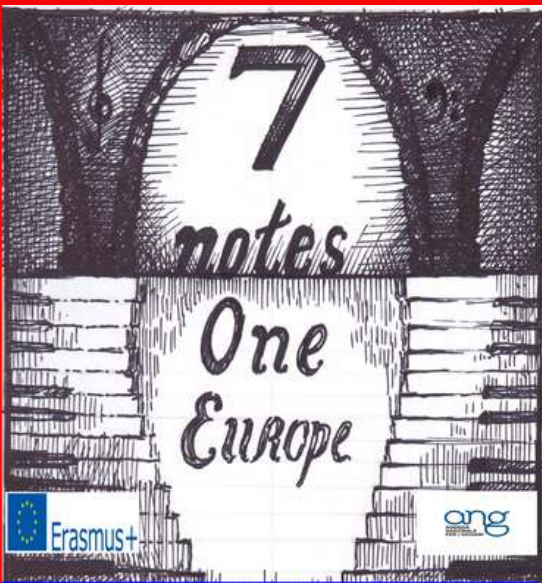
## **PARTICIPANTS's requirements:**

- Young people aged between 17 and 30, male and female in the most equal proportion as possible (for underaged people, it will be necessary an authorisation from the parents);
- People interested in the topic (necessary);
- Singers and musicians, even with an amateur level; in our recent experience
- Young people with fewer opportunities (possibly one for each group in the category of economic obstacles, disability (visual impairment, mobility difficulties);
- Young people eager to share their experiences during the pandemic, able to engage debates and to creatively involve in recording an album.

**NB: The national group must be able to spread the outcome results of the project (album + web platform) in their own community after the project, in the form of concerts, events and whatever form needed for amplify the impact of this project over the duration of the project itself.**

**AT THE END OF THE PROJECT CYCLE, ATTIVA-MENTE WILL CREATE A **WEB PLATFORM** LIKE THIS.**

# SOME EXAMPLE OF SIMILAR PROJECTS WITH A CREATION OF A PEER TO PEER ALBUM



**Seven Notes, One Europe**  
**2015**



**Music Uniting Soulmates**  
**in Covid-19 aftermath**  
**2023**



# The Venue

## The Countryside of Pachino

The project will take place in the countryside of Pachino, surrounded by wide, green areas. The structure that will host us is called Agri camping Sophia. This venue was chosen because it guarantees a peaceful environment, away from the chaos of the city, immersed in green, with great open areas.

Agri Camping Sophia is a large and functional structure with green spaces, Bungalows and tents. We plan to have some activities inside the camping, taking advantage of the good weather and the green spaces. Plus, we will have a meeting room and a mobile recording studios at our disposal provide by Dalek Studio. Dalek Studio also provide some drums, e-piano and other instruments, in case you cannot afford to bring your own instrument! We have also an electric guitar, 2 acoustic guitars, 1 classic guitar, a drumset, 1 bass guitar and one 12-string acoustic guitar.

Accommodation and Food are covered by Erasmus+ totally. This project is free of charge on participant, as. No participation fee required.

# Accomodation, hospitality and logistics in general

*How will you be hosted?*

About the accomodation and food, here needful information for a pleasant stay in Agricamping Sophia.

The food will be served by our host and will be provided three meals (breakfast, lunch and dinner) and two breaks. The type of breakfast served with be in the Italian way and will be essentialy sweet with few savoury meals.

Meals are conformed to our traditions and our diet. The host will take care of quantity and quality, by using local products and usual ingredients that Sicilians normally use. We will ask, via a Google form, to let us acquainted about any allergies, presence of vegetarian and/or vegan people and anything that can help the management of Agricamping Sophia to treat you in a safe and enjoyable way. All of us wants you to remind your journey in Pachino as pleasant as possible

Participants will be hosted in Bungalow, mobile house and tents equipped with towels and bed sheets. You will share the space with at least other 3 people

During your stay the cleaning outside of your private premises will be provided by the staff of our hosts. We will furnish all the needed for provide your space clean. Remind that we are in camping and as usual in a camping, no one will enter to your premises in order to respect your privacy.



# Transportation

## How will you get in Pachino?

Pachino is situated in the deepest south-east of Sicily. Closest airports is Catania Fontanarossa (102 km far).

- Catania Airport is strongly suggested to arrive in Sicily and is connected with Pachino by InterBus. The bus stop is outside of the airport, on the left of the arrivals. There's a single bus stop, in Via Libertà in Pachino. You cannot miss it.
- It's possible to land in Palermo, but you're far from Pachino more than 300 km! By the way, there's connection from Palermo to Pachino with Interbus. In both of the cases, you will arrive in Pachino in almost 5 hours. From the airport, you have to pick the bus to Central Railway Station (Stazione Fazello). From there, you can directly travel to Pachino by bus. Be aware that there is only one ride every day, at 8:00 in the morning. So we suggest that you take a route that can be done easily, without confusion and without any rush.
- It's possible to land also in Comiso, but even it isn't far it's poorly connected to Pachino. Evaluate this as the very last resource, as we have to arrange in case an expensive private transportation.

**BUS:**

<http://www.interbus.it> (it's really suggested to buy the ticket online)

**We strongly recommend to communicate us your itinerary in any case, letting us know if you find some solution through bus and train. We are aware about the distances and troubles you may have with our Public Transportation System. For this reason, DO NOT BUY TICKETS BEFORE YOU HAVE CONTACTED US. IT'S IMPORTANT FOR US TO ORGANIZE YOUR JOURNEY IN THE BEST WAY POSSIBLE.**

# Travel costs

How much of your travel costs will be reimbursed?

According to the Erasmus + rules, here are the travel costs reimbursable for each participant. Please note: we will reimburse **JUST** economic class flights, bus tickets, train tickets in economy class. **TAXI FEES AREN'T REIMBURSABLE.**

- Czech Group: 309€ each participant
- Bulgarian Group 309€ each participant
- Dutch Group: 309€ each participant
- Lithuanian Group: 390€ each participant
- Spanish Group: 309€ each participant

The documents we will ask for the procedure of Travel costs reimbursements are:

- Invoice of flights
- Boarding Passes (in case of loss, Flight Certificate)
- Train tickets in economic class (seconda classe in Italian)
- Bus tickets

**NO SCREENSHOTS FROM APP TO DELIVER BOARDING PASSES! JUST THE ORIGINAL PDF OR PAPER BOARDING PASS ARE ALLOWED. THE NATIONAL AGENCY DOES NOT CONSIDER VALID ANY SCREENSHOT. WE COULDN'T REIMBURSE ANY EXPENSES WITH SCREENSHOTS.**

# What to do then?

Nowadays, it's very easy and comfortable to use APP. This make our life easier and nonetheless, reduce the impact on environment by avoiding to produce wastes by printing on paper. Then, how to use your APP without losing your reimbursement?

Let's make an example with the Wizzair APP. You can check in by laptop or by using the app, so you can have it on your phone ready to show at the airport. **But do not forget to download it from a PC in PDF and send to us! We cannot accept a snapshot as reimbursement documents.**



## PAY ATTENTION, IF YOU BOOK RYANAIR

From November 2025, Ryanair allowed to travel JUST with the Boarding pass generated with the APP.

On 19th of February, we had a meeting with the Italian National Agency and we asked specifically about Ryanair.

According with the Italian National Agenct, you need to provide a flight certificate (a document from the company that certified the boarding on Ryanair flight).

You can get this flight certificate through this [link](#)



# **Your contribution**

## **What do we expect from you and your organisation?**

**It is our pleasure to host you in Pachino for this Youth Exchange.**

**We expect to create a nice atmosphere of harmony, joy and cooperation, in order to provide you a safe and nice environment to share ideas, ENJOYABLE JAM SESSIONS, opinions, competences and knowledge, all useful for our main goal: tell the story of our relationship with an undesired guest called Covid-19, in order to make out of a bad experience a treasure: a brand new music album! And in doing so, you will have the chance to discover more about your peers and grew up as artist. What's more? :)**

**This is why we expect you to participate at your best at this project, respecting the common rules in which we will all agree on. And most of all, we expect you to have fun and learn with us. By having fun and learning together, we believe that we can achieve very big results.**

**From the organisations involved, we expect that they all support their participants, with a particular attention during selection and at the end of the project. **The project relies at a good extent on the capacity of young artists involved. We don't need professional, but of course people who are able to sing and play.****

**in order to put to practice their new acquired competences and information and implement the follow up activities in the best way possible. Of course, we will be there any moment of the project, but we also expect our partner organisations to provide assistance - with logistic and any other help - to the participants that attended the youth exchange.**

# Participating organisations

Associazione Attiva-Mente



Neribota Ateitis



Stichting Wave Education



European Youth Centre Breclav Z. S.



Get involved



AJ Mesa Local de la Juventud Puente Genil



## How to participate?

A participation application via Google Form will be prepared soon. Contact the organisation of your country before applying!

### What to bring with you in Sicily?

- Your good mood: the best way to work together on such an important topic, is to face it with a smile and being ready for having fun while doing it;
- all you want to share with the other participants regarding the culture of your Country, all funny movies/presentations you want to show
- Music instruments, consoles and anything needed for make music. There will be available, anyway, guitars, bass and drums.
- Ideas for energizers and other fun activities;
- A presentation about the environmental situation of your country.

Since this project will take place in September the weather should be sunny and the temperature nice, so try to pack light clothes for the most. In the evening there's a little chance to get cold. However, a long sleeve shirt will make things alright.

It is also recommended to bring some sneakers or walking shoes for the activities outside of the venue.

And yes, Solar protection and swim suit, we aren't far from the seaside :)

# Meeting points

- **Arrival by bus:** For the ones arriving by bus, you should drop at Via Unità, where you will find some members of Attiva-Mente's crew ready to transfer you to the accomodation.

In any case, it's always better to communicate to us at [musica.projectsicily@gmail.com](mailto:musica.projectsicily@gmail.com) your landing time and the airport you land to. Like this, we can easily plan together your transfer from the airport to the accomodation.

# Contacts

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In the case you have to send your documents via postal service, send to:

Associazione Attiva-Mente  
Via Filippo Turati 102  
96018 Pachino (SR)  
Italy



Erasmus+